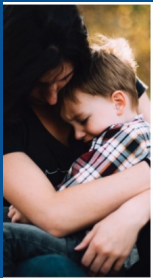
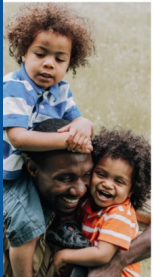


Door of Hope Ministries  
Redeeming Lives, Restoring Families

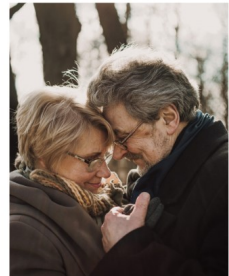
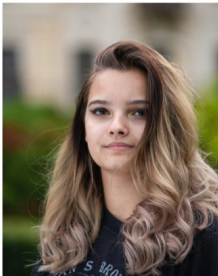
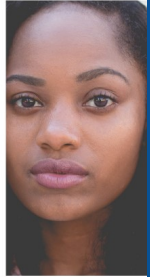
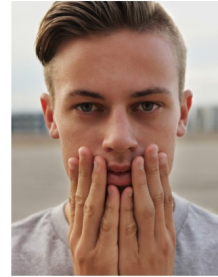
# ANNUAL REPORT 2021



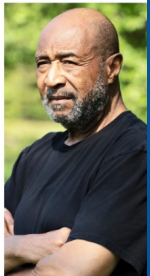
WORKSHOPS  
Conferences  
TRAINING



**SUPPORT  
GROUPS**  
Women  
Men  
Children  
ONLINE &  
IN-PERSON



**TRAUMA  
RECOVERY**  
Professional  
Counseling & Prayer  
Ministry  
ONLINE &  
IN-PERSON



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# Founder's Statement

Dear Door of Hope Family,

2021 marked seven years since the inception of Door of Hope Ministries. We stand in awe of all God has done during these seven years! His faithfulness and constant presence, along with your support and prayers, have enabled us to serve so many more who come to us to find hope and healing from the trauma and abuse they have experienced.

Once again, we had to cancel all of our in-person fundraising events due to the pandemic. Despite that, our Faithful Heavenly Father and your faithful, consistent support enabled ministry to grow in every area. In just the past year:

- We served a total of 579 men and women (26% increase). As beneficiaries often receive more than one service, total ministry encounters were 842.
- Thanks to video conferencing, we have served participants from 35 U.S. States, Mexico, Canada, India, Australia, Honduras, Ecuador, and England.
- Our Support Groups grew from 55 to 60, serving 280 men and women (19% increase). Since many joined more than one group, total attendance grew 44% to 476 participants.
- Trauma Recovery Counseling and Prayer Ministry served 103 men and women with 296 appointments.
- We started support groups, by zoom, in West Virginia prisons.
- 115 volunteers donated more than 6500 hours, helping keep our costs down.
- Awareness and interest grew as our mailing list expanded 22%, and our Facebook following grew 11%.
- We started recording video workshops in preparation for an on-line resource site.

2022 promises to be a year of more new growth which will see many more men, women and children healed and freed from the generational effect of trauma and abuse.

Thank you for standing with us! Without you none of this could have happened. Every prayer you have prayed for us has been heard by our gracious Father. Every donation has been used to help us help more find freedom. We appreciate each one of you and pray God's richest blessings over each one of your lives.

With heartfelt gratitude!



Diane Stores  
Founder



Diane Stores  
Founder  
Door of Hope

# 2021 Program Opportunities

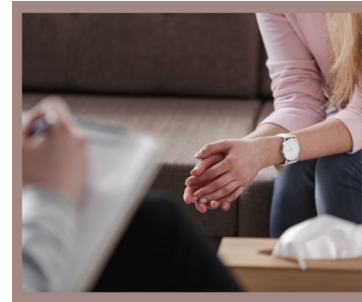


## Support Groups

Where women and men dealing with the effects of trauma and abuse find a safe place to learn, grow, and share with others.

We continued to offer more support groups via video conferencing to continuing accommodating our participants from other states and countries.

The number of support groups increased from 55 to 60 serving 476 participants (44% increase).



## Trauma Recovery Counseling and Prayer Ministry

Adults who participate in our trauma recovery counseling and prayer ministry find freedom and life-changing transformation from the deep wounding caused by trauma and abuse.

In 2021, 103 clients received 296 trauma recovery prayer ministry sessions, resulting in over 592 hours of prayer ministry. We also offer on-going training to the 38 people on our Door of Hope Prayer Ministry team.



## Conferences and Workshops

In our conferences, individuals who have experienced abuse and ministry leaders are taught the complex dynamics of abuse and tools to help with the healing process.

Even though 2021 was still affected by COVID-19 concerns, we were able to offer two **Beauty Instead of Ashes** conferences and help lead two **Equine Assisted Learning** conferences for a total of 132 participants. We held two **Joy Gatherings** to provide a place to come together and worship. Our leadership team also led prayer ministry at the Bridging the Gap Single Mom's Retreat and Thrive Conference.



## Crisis Help and Safe Housing

Women seeking crisis help receive one-on-one counseling to help them minimize the danger of leaving an unsafe situation. We also inform them of the services we provide that would be most helpful in their situation.

In 2021, over 40 women received crisis counseling either in person or by phone. We also provided referrals to options for safe housing when that was needed.

# Program Impact

Together, we raised \_\_\_\_\_

**\$293,014**

which funded \_\_\_\_\_

**10,940** hours of ministry

bringing \_\_\_\_\_

**579** individuals God's healing



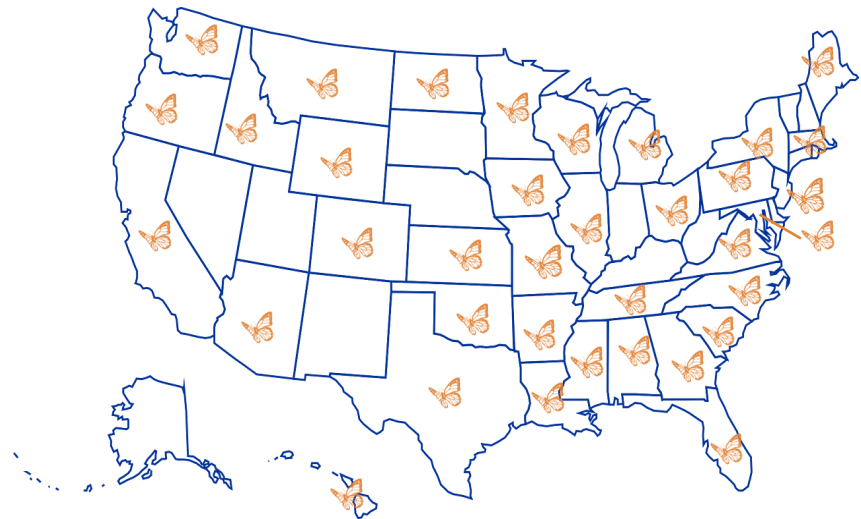
***Praise God for His faithfulness to the peoples of the world!***

## Eight Countries and 35 U.S. States

**Due to the growing needs across the United States and the World, we continued to offer many of our support groups and trauma recovery prayer ministry by zoom.**

We served women and men in Canada, England, India, Australia, Honduras, Mexico, Ecuador, and the United States.

We served people in Arizona, Arkansas, California, Colorado, Delaware, Florida, Georgia, Hawaii, Idaho, Illinois, Iowa, Kansas, Louisiana, Maine, Maryland, Michigan, Minnesota, Mississippi, Missouri, Montana, New York, North Carolina, North Dakota, Ohio, Oregon, South Carolina, Tennessee, Texas, Virginia, Washington, Wisconsin, Wyoming, and more.



## Ongoing Effects From the Pandemic

*According to the Harvard Gazette, violence against women increased to record levels around the world following lockdowns to control the spread of the Covid-19 virus. In 2021, the United Nations published the report "Violence against Women during Covid-10." It stated that since the pandemic, violence against women has increased to unprecedented levels. Domestic violence cases, that were reported, increased 25-33% globally.*

*According to Elizabeth Turk-Karan, a clinical psychologist at Penn Medicine's Center for the Study and Treatment of Anxiety, "We're seeing more stressed-out people, and anxiety as a whole has increased, Everyone wants to go back to 'normal,' but I'm not sure what normal will look like. It may not look the same as before."*

*In a 2021 study, nearly half of Americans surveyed reported recent symptoms of an anxiety or depressive disorder, and 10% of respondents felt their mental health needs were not being met. Rates of anxiety, depression, and substance use disorder have increased since the beginning of the pandemic.*

*While attending the American Association of Christian Counselors Conference in 2021 we heard psychologists talk about the need for more mental health services in the coming months and years from the effects of Covid 19 and all of the isolation, fear and anxiety this has caused.*

## Global Updates

In 2021, we continued to respond to requests for help from other countries.

**By the end of 2021, people from Canada, Mexico, England, Australia, India, Ecuador, Ukraine, and Honduras have participated in our support groups. Many from these groups also received ministry from our trauma recovery prayer ministry!**

*We have a new support group leader in Mexico who is helping lead support groups on zoom. Our heart is to continue to raise up more leaders from other countries.*

## 2021 New Initiatives

### Recording Workshops

Our staff began the process of recording workshops for our future on-line webinar resource platform.

### Authentic Hope Prison Ministry

Authentic Hope support groups to a women's prison in West Virginia by zoom after the prison chaplain found our book on Amazon and requested help. She had researched six Christian Support Group manuals and found ours to be the most comprehensive and effective.

### Support Groups in India

We started offering support groups to English speaking women in India over zoom.

### New Men's Curriculum

Our men's director wrote a new curriculum called, "Consider the Ravens" and led men's support groups with this programing.

# United States Program

## Our reach is growing!

In 2021 we continued to see more responses and participation from locations across the United States. Now that people are more “accustomed” to zoom meetings from the shut-downs in 2020, we find that more and more people are discovering Door of Hope through word of mouth, by finding our support group manual on Amazon, or searching for help on the web.

What we offer at Door of Hope is unique and many of our participants don't have options in their city or even in their state. We are thankful for the many people we have met across our nation. We will continue to offer some groups in-person, but we are finding that we have to also offer all of our options on zoom for people in other regions.

We continue to offer workshops and conferences in the Twin Cities and Mankato, Minnesota, but we hope to expand these options to other locations and offer equipping workshops at churches and ministries who would like to train up their leaders and staff.

We are also excited about our wonderful team of volunteers who help co-lead support groups. We couldn't do what we do without them. We are always looking for more people to join our team!



Conference in Mankato

## Ulises Valdez – Using Door of Hope tools helps me to live in forgiveness.



Ulises Valdez

There has been so much trauma in my life. I came to Door of Hope because of a huge betrayal by someone I really loved. I didn't know how to respond to it, and didn't want to respond in the way I had done in the past with violence. Christ didn't want me to respond in violence.

Much of my trauma came from growing up Hispanic in Minnesota. I

experienced racism and abuse because of who I am. I didn't know how to deal with it as a child so I buried it.

**I want to live my life in forgiveness out of love and not of duty, and not lash out at the people who had hurt me.**

I was incarcerated for nearly 10 years for a drug conviction. I'm grateful for the experience that led me to a real relationship with Christ. During that time the Lord showed me the gifts He gave me. I learned to be physically healthy and especially what it meant to walk with the Lord.

I have participated in *Consider the Ravens* Men's Support Group, as well as being a member of the worship team at the *Joy Gathering* and *Beauty Instead of Ashes* Women's Conference in Mankato. The biggest thing that attracted me to **Consider the Ravens** was that it talks about the science behind trauma and healing and combines it with biblical truth. Combining the spiritual and science really made the connection for me. I learned tools to be able to cope with the traumatic events in my past and in my present life. Things can affect you emotionally, socially and cognitively on a daily basis. I use the tools I learned in the group all the time.

**Being able to understand how to not shut down relational circuits allows me to make better decisions about how to react to trauma, solve problems and heal.** The changes I have seen since the support group allows me to know and be able to analyze the issue and not just react to a situation.

In the future, I hope to help and support Door of Hope through leading support groups, possibly with the incarcerated population. I have a heart for this population. Serving is more freeing than anything else.

*Ulises works for Second Opportunity that has a curriculum for people coming out of trauma and helping them set goals for financial stability. He attends New Creation Church, is one of the Spanish-speaking worship leaders, and assists in mid-week services. He has a 4-year-old daughter and is a college student and business owner of Trinity Tree Services.*

## **Bobby—“Door of Hope has truly been a life-changing part of my healing process.”**

**These are the events in my life that led up to me finding out about and participating in a Door of Hope conference, support groups, prayer ministry, and Joy Gathering.**



Bobby

In 2016, I had been married for almost eight years to a man who slowly, over time, became more and more controlling, manipulative and abusive and then became physically abusive. We had two kids together that I homeschooled, and I did not have an outside job.

One day, it got so bad that I had to take the kids and leave, not knowing where we were going to sleep that night. **We ended up being homeless for a few weeks** until I was awarded an order for protection.

During the next months God kept telling me to keep homeschooling and live more portably. I didn't know exactly what that meant so, I thought I'd help God along and go look for places to move to and find a job. But everything I looked into, the door would just close. And I got to the point I was so frustrated I got mad at God because I wasn't truly safe or stable living where we were and yet God wasn't helping my efforts. He was just like, "Wait on me." And I didn't like that; I would pray and pray and eventually I literally yelled furiously at God one night, "Fine! If you're not going to make this work, then you're going to have to just have someone call me up and give me a house then!" I was SO desperate with no options that I could see.

Well it wasn't long later when I got a phone call from someone who barely knew me. They said, **"We have this place we'd like you to move into—**could you move in two weeks?" My jaw dropped. I could barely say anything. I choked out, "Can I pray about it?" But it was so obvious.

My church sent me a single moms retreat where I met Darlene from Door of Hope who prayed with me. She asked me if I had kids, and encouraged me to go talk to someone in the prayer room for more counseling because **when you are about to leave an abusive partner, it's a very dangerous time—a time when abuse can get worse.**

(Continued on next column)

## **Bobby's Testimony (Continued)**

I met another sweet woman in the prayer room, and she took me by the hand and smiled, and told me her story, and encouraged me, and prayed with me, and helped me talk through a safety plan. That was my very first time meeting Diane. She also invited me to come to a Beauty Instead of Ashes conference. When the conference day was approaching I had basically forgotten about it. But when I woke up the morning of the conference, God said, "Get in your car and go to this conference."

So I set off, and then got lost. But not for long. I made it and when I walked in there was all these empty chairs and no one in a big room except the people presenting. Diane told me they had prayed for God to send one person and I was the one who showed up that day. And they made a circle and prayed over me a beautiful prophetic prayer that has been continuing to come true in my life even to this day. **I feel so blessed to have found Door of Hope** because after that I joined an Authentic Hope support group and learned about the *Boundaries* book, which has been a **truly life-changing part of my healing process.** So, I'm really thankful I'm connected and involved in this ministry because God is truly using this to change people's lives, including me!

This verse means a lot to me. Isaiah 64:4 - *Since ancient times no one has heard, no ear has perceived, no eye has seen any God besides you, who acts on behalf of those who wait for Him.*

***Praise God for His faithfulness through the partners and friends of Door of Hope!***



**DOOROFHOPE**  
[doorofhopeministries.org](http://doorofhopeministries.org)



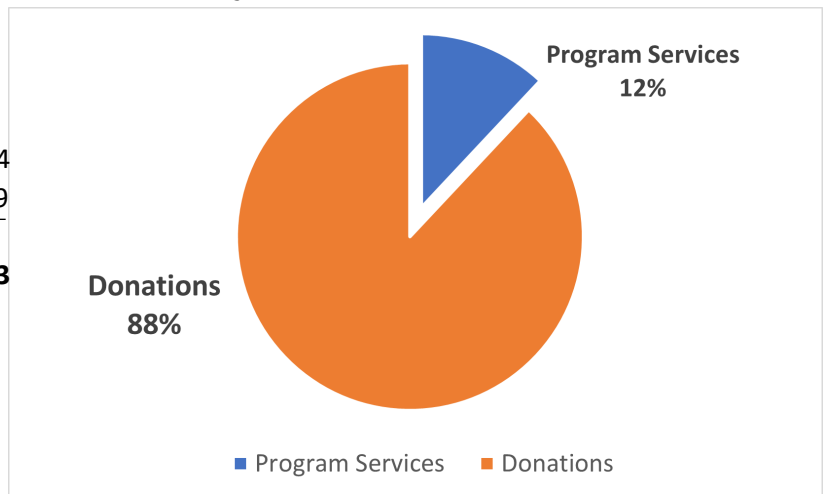
# Resources & Financial Management

Door of Hope is funded by service fees and the generous gifts of individuals, churches, and foundations. More than 60% of those we serve are unable to fully pay for the services they receive, making donations essential for this work. We carefully steward your monetary gift to ensure a powerful impact in the lives of the men and women we serve.

***You, our supporters, are vital to those we serve. Thank you!***

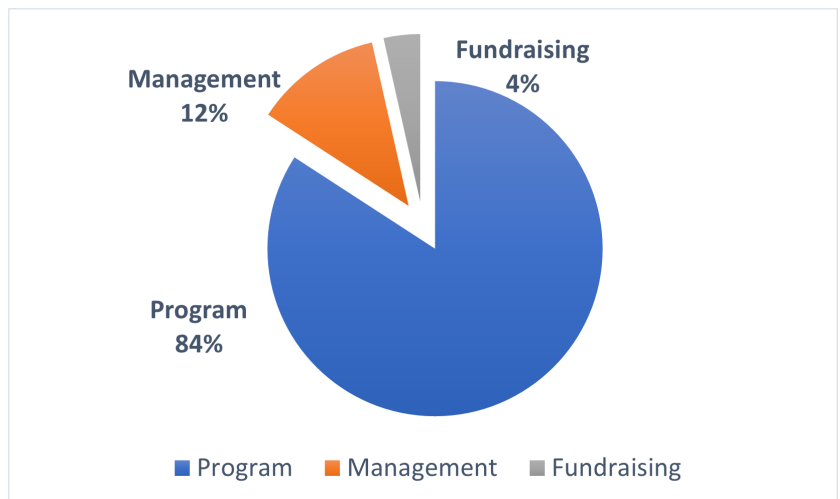
## Income

|                     |                  |
|---------------------|------------------|
| Contributions       | \$261,004        |
| Program Services    | \$37,009         |
| <b>Total Income</b> | <b>\$298,013</b> |



## Expenses

|                        |                  |
|------------------------|------------------|
| Program                | \$231,244        |
| Management & General   | \$33,820         |
| Fundraising            | \$9,673          |
| <b>Total Expenses</b>  | <b>\$274,737</b> |
| <b>Net Income/Loss</b> | <b>\$23,276</b>  |



## Balance Sheet

### Assets

|                     |                  |
|---------------------|------------------|
| Cash                | \$104,422        |
| Other Assets        | \$5,528          |
| <b>Total Assets</b> | <b>\$109,950</b> |

### Liabilities

|                     |                 |
|---------------------|-----------------|
| Total Liabilities   | \$12,546        |
| <b>Fund Balance</b> | <b>\$97,404</b> |

***Praise God for His faithfulness to provide through our supporters and others in the midst of a pandemic!***

# Looking Forward

In 2022, we'll introduce support groups for children and bring on a Licensed Therapist (LPCC) who will provide play therapy and other therapeutic models for men and women. Our staff will record all of our Authentic Hope teachings. They will be available for more prisons as well as churches and other organizations who want to offer our programing.

We are also going to increase our administrative staff to allow our Program staff to better serve our increasing client needs. To build a stronger financial foundation, we'll continue to grow our donor base and network of partnerships.

## Executive Leadership

Our volunteer board is dedicated to the mission of bringing God's hope and healing to each one we serve. With great hearts, they prayerfully provide direction and oversight for the ministry.



**Rev. Dr. Kendra Diel**

Board Chair



**Rev. Pat Forbes**

Board Treasurer



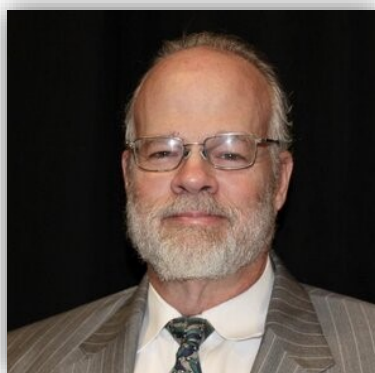
**Jodi Hill**

Board Secretary



**Rev. Mike Graham**

Board Member



**Mark Lageson**

Board Member



**Diane Stores**

Non-Voting Member

# Is God Calling You?

Abuse and trauma are rampant in many countries with very few resources, if any, available to help people heal. Is God calling you to join us as we expand our reach?

## Every Dollar You Give Matters

Will you join the effort by becoming a financial partner?

You can give online at [doorofhopeministries.org/donate](https://doorofhopeministries.org/donate).

Or send a check, made out to *Door of Hope* to:

Door of Hope Ministries  
PO Box 490565  
Blaine, MN 55449



## Volunteer to Help Make a Difference

In 2021, 115 volunteers logged in 6,500 hours. If you'd like to join these remarkable friends of the ministry, visit [doorofhopeministries.org/volunteer](https://doorofhopeministries.org/volunteer) or fill out this form and mail it to the address noted.

- Volunteer for fundraising events or with clerical work
- Volunteer for conferences or training
- Volunteer in a different way:

\_\_\_\_\_

Please call us at 763-767-2150 or visit [doorofhopeministries.org/volunteer](https://doorofhopeministries.org/volunteer) to learn more. Mail this form to our office at Door of Hope, P.O. Box 490565, Blaine, MN 55449

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

## Connect With Us!

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[info@doorofhopeministries.org](mailto:info@doorofhopeministries.org)  
763-767-2150