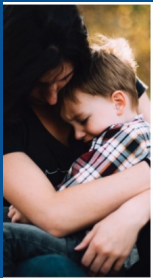
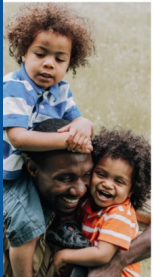


Door of Hope Ministries
Redeeming Lives, Restoring Families

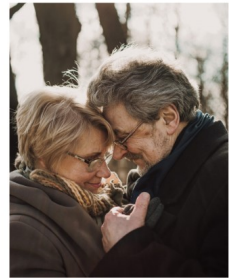
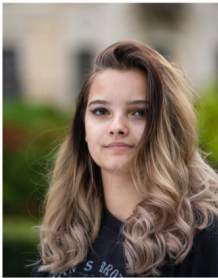
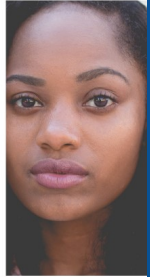
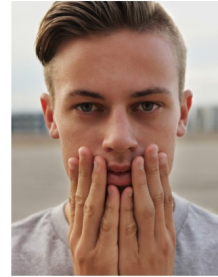
ANNUAL REPORT 2022



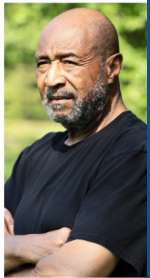
WORKSHOPS
Conferences
TRAINING



**SUPPORT
GROUPS**
Women
Men
Children
ONLINE &
IN-PERSON



**TRAUMA
RECOVERY**
Professional
Counseling & Prayer
Ministry
ONLINE &
IN-PERSON



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Founder's Statement

Dear Door of Hope Family,

2022 marked eight years since the inception of Door of Hope Ministries. We stand in awe of all God has done during these eight years! His faithfulness and constant presence, along with your support and prayers, have enabled us to continue serving the people who come to us to find hope and healing from the trauma and abuse they have experienced.

Last year, we were able to resume our in-person fundraising events! Our hearts were full as we celebrated gathering together once again. We praise our Heavenly Father for your faithful, consistent support that has enabled the ministry to expand and thrive. During the past year:

- We served a total 367 men and women and experienced an increase of beneficiaries who returned for more than one service. Total ministry encounters were 962 (increase of 14%).
- Thanks to video conferencing, over the years, we have served participants from 42 U.S. States, Mexico, Canada, India, Australia, Honduras, Ecuador and England.
- Last year we served a Pastor of a church in Zimbabwe in a Men's support group. We also provided a Trauma Workshop and prayer ministry to a team visiting from the Ukraine.
- We provided 53 Support Groups, serving 230 women and men. Since many joined more than one group, total attendance was 382 participants.
- We began Trauma Recovery Counseling through our Licensed Professional Therapist who provided over 151 appointments with individuals in the 2nd half of 2022. Our Prayer Ministry served 98 men and women with 218 appointments.
- West Virginia prisons continue to offer Authentic Hope support groups in their prisons.
- 116 volunteers donated more than 4500 hours, helping keep our costs down.
- Awareness and interest grew as our email list increased 22%. We expanded our online presence by adding an Instagram page and maintaining our Facebook page.
- We completed recording videos of our Authentic Hope Support Group material and sent them in for editing. These will be used to expand our reach in Prisons, Churches and other areas.

We're looking forward to all that God has for ministry growth in 2023 as we see many more men, women and children healed and freed from the generational effect of trauma and abuse.

Thank you for standing with us! Without you, none of this could have happened. Every prayer you have prayed for us has been heard by our gracious Father. Every donation has enabled us help more people find freedom. We appreciate each one of you and pray God's richest blessings over each one of your lives.

With heartfelt gratitude!



Diane Stores
Founder



Diane Stores
Founder
Door of Hope

2022 Program Opportunities

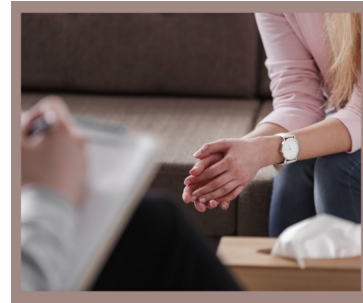


Support Groups

Where women and men dealing with the effects of trauma from abuse and neglect can find a safe place to learn, grow, and share with others.

We offered support groups in-person and over zoom to serve our participants locally, across the U.S. and globally. Our curriculum is also being used in a women's prison in West Virginia. We are preparing to make this possible in more locations across the United States.

We provided 53 Support Groups serving 230 women and men. Since many joined more than one group, total attendance was 382



Trauma Recovery Counseling and Prayer Ministry

Adults who participate in our trauma recovery counseling and prayer ministry find freedom and life-changing transformation from the deep wounding caused by trauma and abuse.

In 2022, our Professional Licensed Therapist on Staff conducted 151 sessions using play therapy and other therapeutic models for men, women, teens and children to recover from the effect of trauma on the body. In addition, we conducted 218 Prayer Ministry sessions, resulting in over 320 hours of inner healing.



Conferences and Workshops

In our conferences, individuals who have experienced abuse and ministry leaders are taught the complex dynamics of abuse and tools to help with the healing process. We serve our communities with practical information on how to heal and grow in their own journey, and with tools to help others..

In 2022, we hosted three workshops with a total of 72 participants. Two workshops were on **Building Joy in Ourselves and Others** and 3rd workshop was called **Hope Builders**. We partnered with Two **Equine Assisted Therapy Training** Conferences in Mankato, MN with a total of 36 participants.



Crisis Help and Safe Housing

Women seeking crisis help receive one-on-one counseling to help them minimize the danger of leaving an unsafe situation. We also inform them of the services we provide that would be most helpful in their situation.

In 2022, over 48 women received crisis counseling either in person or by phone. We also provided referrals to options for safe housing when that was needed.

Program Impact

Together, we raised _____

230,601

which funded _____

9,000+ hours of ministry

bringing _____

962 individuals God's healing



Praise God for His faithfulness to the peoples of the world!

Ten Countries and 38 U.S. States

Due to the growing needs across the United States and the World, we continued to offer many of our support groups and trauma recovery prayer ministry by zoom.

We served women and men in Canada, England, India, Australia, Honduras, Zimbabwe, Ukraine, Mexico, Ecuador, and the United States.

We served people in Arizona, Arkansas, California, Colorado, Delaware, Florida, Georgia, Hawaii, Idaho, Illinois, Iowa, Kansas, Louisiana, Maine, Maryland, Michigan, Minnesota, Mississippi, Missouri, Montana, New York, North Carolina, North Dakota, Ohio, Oregon, South Carolina, Tennessee, Texas, Virginia, Washington, Wisconsin, Wyoming, and more.



Global Updates

In 2022, we continued to respond to requests for help from other countries.

We served a pastor of a church located in a poor section of Harare Zimbabwe. He attended the Men's Support Group every week at 3:00 a.m. in his time zone so that he would be equipped to help his church. His heart is to start men & women support groups in 2023 in the community he serves.



Church in Zimbabwe — mentioned above.

We provided a trauma workshop and prayer ministry to a group of pastors and leaders of a youth soccer team while they were visiting Minnesota in 2022. The information about trauma that we shared was new to them. They told us of the great need for healing from many types of trauma back in their communities in the Ukraine.

As we pray about continuing to expand Door of Hope internationally, we've identified many needs including translators, volunteer support group leaders and prayer ministers, church connections, networks and funding.

We've seen God move in powerful ways both locally and internationally over the years. Communication capabilities through zoom have opened even more doors to serve precious ones in other parts of the world.

We have great anticipation about how God will move internationally through Door of Hope in 2023!

"When I reflected on the material from support group last week, I had a new understanding of the trauma that I had been through. God reminded me of how He had made me strong and that the Lord is on my side!"

Joyce, India support group leader in training.

2023 New Initiatives

Online Platform

Build a foundation of videos & DVDs for an online platform. We'll publish the Authentic Hope support group DVDs, create training videos and workshops and update the website with a subscriber area and store

Support Group Leader and Prayer Ministry Certification Program

Build a certification program for support group leaders and prayer ministers including training videos, hands-on learning and a certification test.

Women's Support Groups in India and Zimbabwe

Offer support groups to English speaking women in India and Zimbabwe. Translate Authentic Hope into Hindi for non-English speaking India women and offer support group. Train India volunteer support group leaders.

Build out Women's & Men's prison ministry

Produce Authentic Hope support group DVDs for Women's and Men's prisons, create online options and contact prison ministry representatives and find sponsors.

New Men's Curriculum

Create a curriculum for Authentic Hope and "core" men's support group and begin support men's support groups in Zimbabwe and India.

Research Insurance Panels, HIPPA compliance

Research insurance panels and HIPPA compliance to identify different types of insurance, panels, understanding of the application process, credentialing and billing with regard to services offered by our Professional Licensed Therapist.



DOOROFHOPE
doorofhopeministries.org

United States Program

Our reach is growing!

In 2022 we continued to see more responses and participation from locations across the United States. More and more people are discovering Door of Hope through word of mouth, by finding our support group manual on Amazon, or searching for help on the web. Because of this interest from outside of the Twin Cities and Mankato, we still offer a large percentage of our groups on zoom.

What we offer at Door of Hope is unique and many of our participants don't have options in their city or even in their state. We are thankful for the many people we have met across our nation. Sometimes we offer hybrid groups. A hybrid group is one that is offered in person in Blaine or Mankato, but it is also open for people to join by zoom.

We continue to offer workshops and conferences in the Twin Cities and Mankato, Minnesota, but we hope to expand these options to other locations and offer equipping workshops at churches and ministries who would like to train up their leaders and staff.

We are also excited about our wonderful team of volunteers who help co-lead support groups. We couldn't do what we do without them. We are always looking for more people to join our team! Please reach out to me if you are interested in learning about our training program.



Conference in Mankato

Testimony from Lisa Anthony, Support Group Participant.



Door of Hope has been transformational in my life in so many ways. I was a “self-improvement junkie” always reading books, listening to podcasts, or going to seminars, seeking to “be better”. Caught up in this “self-improvement” behavior, I was desiring to discover who I was, why I am the way I am, but never finding solutions that truthfully made me feel loved, understood, and accepted.

Thanks to a dear friend of mine who led me to Door of Hope, I've participated in four recovery groups.

These groups have allowed me to be in a safe place, while gaining an understanding of what Trauma A and Trauma B are, how to bring Jesus into my healing, and have given me a structure to change unhealthy behavior patterns.

The leaders at Door of Hope are so giving and caring and create a safe environment that no matter where you are at, you are welcome. Because of that deep care and love, it allows me to be me, to reflect, share, and create a desire to heal.

I thank God for each person who supports this ministry, the insight of Diane to create this ministry, and the covering of blessing that is obvious in the healing that happens there. For the first time in my life, I feel like I am who God created me to be, and I accept and love who I am, a child of God.

Being loved by others during the recovery process is also something that I can't speak highly enough about. Each group that I've participated in has been actively attended by those who want to be healed. The women are open to share, respect each other without correcting, and cheer on one another while on their journey.

***Praise God for His faithfulness
through the partners and friends
of Door of Hope!***

Our marriage is so much better than I thought it would be, because of the healing we received...



Lill: When I first heard about Door of Hope Ministries and their ministry to women that had been sexually abused, I knew I had to attend an Authentic Hope Support Group. I was soon turning 69 and I did not want to go the rest of my life without healing from abuse. I was a young girl, around 7, when the abuse started. Two of my close family members began to sexually abuse me. I

was afraid to tell my mom or anyone else. I was told by the abusers that if I told anyone what they were doing, they would say I was lying. I thought that anyone I told would believe them and punish me for lying. As the years went by, I did not feel I could tell anyone what had happened to me. I thought my friends, if they knew, would not want to be my friends anymore. So, I kept my secret. I felt dirty on the inside and I was ashamed of what had happened. I learned to be a friend and had friends, but I never shared my deep secret with them. I always felt like I was on the outside looking in. I believed the lie that I was damaged material, dirty and should feel shame. Door of Hope gave me hope that I could be free from shame. As I went to the first group meeting, I was so relieved when others shared their story and that they had these same feelings. The Lord showed me I was in a safe place. The leaders reassured me I did not have to share what I didn't feel I could. God gently opened my heart and soul to receive the healing and let go of the shame, and gave confidence through knowing that He loved me and what had happened could not keep me from His love. As I went week after week, I was able to realize that I did not need to carry the guilt or shame of the abuse. I learned triggers that brought me back to the abuse and how to work through them. I am so thankful for the healing I received in the support group. I don't feel like I have a heavy burden sitting inside me anymore. I am free to live with the joy I received when I started to open-up in a safe place. God has been so good to me and was there for me all my life even though my abusers made the choice to abuse me. And now I know He will be with me through it all. I don't feel that feeling of a knot in my heart or spirit all the time.

Dan: My story is different; I was not sexually abused but I was more mentally abused and experienced some physical abuse. You see, I am 76 years old, and my spankings and slaps were considered the norm in the 1950's. Sometimes they were a bit harsher than what I think they should have been.

I was the oldest of 3 children. My brother, 4 years younger, was severely disabled and my sister was 9 years younger. I took care of my siblings when my parents were working. If I didn't do something they thought I should have done when they came home, this is when the spankings and slaps would happen.

We were very poor and there was not any money for tennis shoes for school gym class, I had to wear my socks in class. The kids made fun of me and laughed at me. I was never taken to a dentist.

One thing that really bothered me as I was growing up, was that my mother had the money to go get her hair done every week and buy nice clothes for herself and I had to wear clothes that were patched. My brother was kept a secret and did not go to school. My parents would not allow any of my friends to come over. When my sister was born, my parents doted on her and gave her everything. I felt like I was an outcast and I became a loner. I felt no one cared for me. I had Rheumatic Fever as a child, which left me with a heart condition, so I could not be in gym class from 7th – 12th grade and I could not join band. This only gave the kids more things to tease me about. My wife, Lill, suggested I go to Door of Hope to get inner healing. I saw what it did for her, so I went to the first men's session in Mankato. I was pretty quiet, just digesting the material and what was being said. In one session I opened up and told my story because it was a place where I felt safe to do so. I was freed of what I had bottled up for so many years. I don't feel like a loner anymore. I am able to receive God's love for me and know He loves me no matter what.

Our marriage:

Lill: Because of my sexual abuse, intimacy in our marriage suffered. I had a hard time accepting compliments from Dan. Because I felt dirty and shameful, I could not accept the joy of the marriage bed. Dan was so strong and did not leave me. The trauma I experienced created many hard times for us. Because we both believed and served the Lord, we would pray, ask each other for forgiveness and go on. But we never knew how to deal with the trauma. After several sessions of Door of Hope support group meetings, I am able to receive the compliments and affection now. I love to hear Dan say, "you are beautiful" or "you look sexy in that dress". His touch is gentle and kind. He understands what triggers are and I can be honest and open with him. Our marriage is so much better than I thought it would be, because of the healing we received from Door of Hope ministry in the support groups.

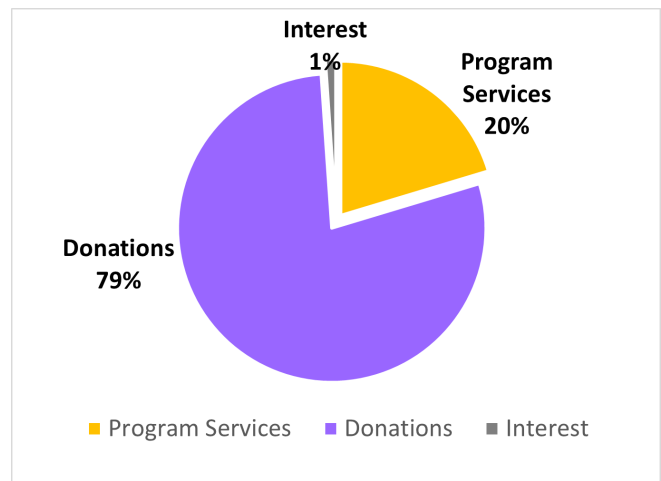
Dan: Door of Hope opened my eyes and heart to be healed from my trauma. After the group meeting, I came home and asked Lill to forgive me for what I had bottled up for years. It had affected our marriage and I wanted her to forgive me. I knew God forgave me and had walked with me through the healing. It was a load off my chest. I went to a second Door of Hope support group for men. I experienced more healing. God only reveals what you can handle or walk through to your healing. Door of Hope has been so good for me, my wife, our family. It has helped our marriage be so much better. I tell everyone I know who is battling physical, mental, sexual or abuse of any kind to go to Door of Hope support group.

Resources & Financial Management

Door of Hope is funded by service fees and the generous gifts of individuals, churches, and foundations. More than HALF of those we serve are unable to fully pay for the services they receive, making donations essential for this work. We carefully steward your monetary gift to ensure a powerful impact in the lives of the men and women we serve.

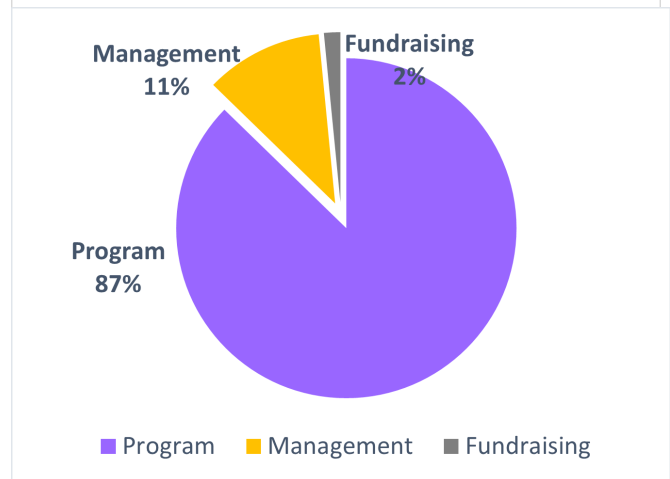
Income

Contributions	\$230,601
Program Service Fees	\$59,729
Interest Income	\$3,219
Total Income	\$293,549



Expenses

Program	\$260,174
Management & General	\$33,288
Fundraising	\$4,618
Total Expenses	\$298,080
Net Income/Loss	-4,531



Balance Sheet

<u>Assets</u>	
Cash	\$78,640
Other Assets	\$15,588
Total Assets	\$94,554
<u>Liabilities</u>	
Total Liabilities	\$1,681
Fund Balance	\$92,876

Praise God for His faithfulness to provide through our supporters and others in the midst of a pandemic!

Looking Forward

In 2023, we'll make our Authentic Hope DVD teachings available for more prisons as well as churches and other organizations who want to offer our programming. We'll continue to build our partnerships internationally including India, Zimbabwe and the Ukraine.

We're also going to create an online platform that will enable us to stream training, teaching videos, workshops and conferences to subscribers who are interested in our programming. To build a stronger financial foundation, we'll continue to grow our donor base and network of partnerships.

Executive Leadership

Our volunteer board is dedicated to the mission of bringing God's hope and healing to each one we serve. With great hearts, they prayerfully provide direction and oversight for the ministry of Door of Hope.



Rev. Dr. Kendra Diel

Board Chair



Rev. Pat Forbes

Board Treasurer



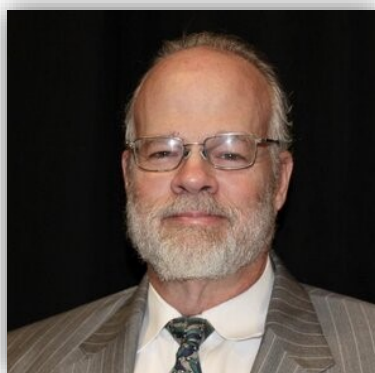
Jodi Hill

Board Secretary



Rev. Mike Graham

Board Member



Mark Lageson

Board Member



Diane Stores

Non-Voting Member

Is God Calling You?

Abuse and trauma are rampant in many countries with very few resources, if any, available to help people heal. Is God calling you to join us as we expand our reach?

Every Dollar You Give Matters

Will you join the effort by becoming a financial partner?

You can give online at doorofhopeministries.org/donate.

Or send a check, made out to *Door of Hope* to:

Door of Hope Ministries
PO Box 490565
Blaine, MN 55449



Volunteer to Help Make a Difference

In 2022, 116 volunteers logged in 4,500 hours. If you'd like to join these remarkable friends of the ministry, visit doorofhopeministries.org/volunteer or fill out this form and mail it to the address noted.

- Volunteer at fundraising events (Gala, Summer Celebration, etc)
- Help with office projects
- Volunteer to help with conference or workshop events
- Volunteer in support groups or prayer ministry

Please call us at 763-767-2150 or visit doorofhopeministries.org/volunteer to learn more. Mail this form to our office at Door of Hope, P.O. Box 490565, Blaine, MN 55449

Name: _____ Phone: _____

Email: _____

Address: _____

Connect With Us!

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facebook.com/dohministries
info@doorofhopeministries.org
763-767-2150