

July 2023



# DOOR OF HOPE

Partnering with God to redeem lives and restore families affected by trauma resulting from and abuse and neglect

Serving people in 8 countries and 35 U.S. states



## An Update on International Programs from Beth McMillan, Strategic and International Women’s Director



Beth McMillan

We’re excited to share what’s been happening through Door of Hope support groups internationally. We’re so humbled and filled with joy to see God working in the lives of women in India and men and women in Zimbabwe.

**INDIA UPDATE:** As we get to know each other in support group, we recognize some cultural differences, but more importantly, we see that our needs are the same. We all want to feel safe, feel loved, and be heard. We all feel the pain and effect of trauma resulting from abuse and neglect. The Authentic Hope materials are relevant and transformational in all of our lives. During support group, we hear women share:

*“I have never felt safe sharing about my trauma and abuse. This support group is the first safe place that I have had to share my story.”*

*“I didn’t grow up understanding my emotions. We didn’t discuss emotions at all. I’m amazed to realize the power of understanding what emotion I’m feeling!”*

*“I’ve never heard about boundaries before. This is a completely new concept to me!”*

*“When I reflected on the material from the support group last week, I had a new understanding of the trauma that I had been through. God reminded me of how He has made me strong and that the Lord is on my side!”*

We’ve been blessed to provide support groups to English-speaking women in India this year during winter, spring, and now summer. We’ve served over 25 women from 6 different states in India this year through Zoom. We praise God for the relationships and connections we’ve been able to build with these precious women!

God has raised up four amazing women as India support group leaders-in-training. We’re so grateful for their hearts to serve and their willingness to share their own stories of God’s healing of trauma in their lives.

(continued next column)



Pastor Emmanuel Lal Sahai and Manju, Beth McMillan, Suzanne Singer

Our vision is to offer a support group to non-English speaking women in India this fall. We praise God for the many volunteers who helped complete Authentic Hope's initial translation into Hindi! We're so grateful for Pastor Emmanuel Lal Sahai, who visited Door of Hope while in the U.S., and offered to review and update the final translation.

**चरण छह:** मैं अपनी भावनाओं को साझा करके दूसरों पर भरोसा करना शुरू कर दूंगा, क्रोध, भय, उदासी और आनंद सहित

**Step Six:** I will begin to trust others by sharing my feelings, including anger, fear, sadness, and joy.

**Step Six of Authentic Hope translated into Hindi**

### Would you consider sponsoring a woman for our India Authentic Hope support group?

Thank you for your prayers and support – we could not do this work without you! Our heart is to reach even more lives that have been impacted by trauma due to abuse and neglect. Would you be willing to pray about helping sponsor a woman to go through a support group? Thank you for being a part of the work that God is doing through Door of Hope, both locally and internationally!

Your gift *DOES* make a difference! Visit our website [doorofhopeministries.org](http://doorofhopeministries.org) to donate, or call the office at 763-767-2150 for assistance. THANK YOU!

## International Update Continued - Authentic Hope in Zimbabwe!



Pastor Tinofara Rusike

We continue to partner with Pastor Tino in Harare, Zimbabwe to serve the men and women in his community through Authentic Hope support group material for men and women. At our annual gala event

this spring, we were blessed to have Pastor Tino give a powerful video update on what this material has meant to their community. Here are some brief excerpts of what he shared:

"This material is just fantastic. One man said that the material is not just theoretical but also practical. The men are able to learn in our group and go back to their homes to put it into practice in their day-to-day lives.

Another shared, "Sometimes I sit down and wonder what's really, really going on in my head and why am I reacting this way?"

But after this particular chapter, many men realized that it was coming from childhood trauma that was not dealt with. We learned that if the roots are bad, they can produce bad fruit in our lives. We learned about shame and not knowing identity. Many do not know how to speak to their children and their wives, but with these lessons they are ready to start afresh.

One wife said, "I'm seeing some changes ever since my husband started coming. He's changing even the way he talks to the kids, even the way he's respecting me, loving me." It's just phenomenal.

So, these groups are making an impact in the lives of men and their families here in Zimbabwe. Men are going out to their community, to their churches telling people about Authentic Hope. We have men who are knocking on our doors, who want to join the next session. We are grateful and thankful for Door of Hope and this material!"  
~ Pastor Tino

We continue to pray for Pastor Tino, his wife Faith, and the precious ones in their community that need healing from trauma for themselves, families and community!

### Are you on Facebook and Instagram?



We are too! Please make sure to Like/Follow and Share to stay up to date with all that is happening, and to help spread the word so that those that could use our help find us.

## We Walk With Them 2023 Family Fun Walk and 5k Trail Run- Save the Date!!

Time to mark those calendars, invite family and friends to do the same, and join us on **Sunday, October 8!!**

Our 5th Annual event during *National Domestic Violence Awareness Month* will aim to bring awareness to domestic violence and raise funds for Door of Hope to continue to help those affected by trauma resulting from abuse and neglect.

### Walk/Run Event Details:

Sunday Oct. 8, 2023 from 3-5 pm

3 pm Registration  
3:30 pm Walk/Trail Run  
4 pm Family Celebration

Locke County Park  
840 71st Ave. NE  
Fridley, MN 55432

\*Register by September 25 to receive a walk t-shirt!

**For more information:** [doorofhopeministries.org/events](http://doorofhopeministries.org/events)

There are also opportunities to form a fund-raising team to walk with you, to volunteer, and also great sponsorship opportunities for the event!

*Will you share this event with family/friends and join us this October to **Walk With Them?** Together, we will make a difference!*



## New!! Authentic Hope Support Group For Women Starting Monday, August 7

Did you miss joining a group this summer, but would like to jump in before Fall groups start? Here is a perfect opportunity to receive support and begin, or continue, your healing journey. You don't have to wait!

**Zoom Group on Mondays,  
10:00 am –12 noon  
August 7 to October 9.**

**Pre-registration is required and this group is expected to fill! Please register today by visiting:**  
[www.doorofhopeministries.org/upcoming-support-groups](http://www.doorofhopeministries.org/upcoming-support-groups)



**Mission:** Through God's power, Door of Hope equips people all over the world to live free from abuse and trauma through safe housing, educational conferences, support groups, trauma recovery counseling and prayer ministry. Door of Hope is a 501(c)(3) nonprofit.

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