#### November 2023



Partnering with God to redeem lives and restore families affected by trauma and abuse Serving people in 8 countries and 35 U.S. states

## Door of Hope has been a safe place that has felt like home to me.



Abuse has permeated many of the past generations of my family. My upbringing was spent walking on eggshells around my parents as I learned poor boundaries and was trapped in fear. Growing up in a home where abuse was what was modeled, I didn't know any different, and I unknowingly married a man who was

Bobby Nickel mentally, physically, and financially abusive. After he strangled me one night and I obtained an Order for Protection, Door of Hope helped me work through a safety plan for leaving the home with my 2 young boys. Then, one morning, I had a strong impression to attend the Beauty for Ashes Conference. I was not planning to go until God brought it to my mind the same day the conference was to start. I was late to show up, and when I walked into the room no one was in the audience, but the presenter was still speaking. It seemed strange, but I stayed, despite feeling unsure. I had dozens of questions in my mind that I had been begging God to answer. Being physically separate from my abuser wasn't enough to be fully free.

As I sat there listening, every single one of my questions was answered through the material they were presenting. God was rapidly healing hurts in me. While they shared characteristics of Christ vs. those of the abuser, God poured His love into me, and I began to cry. During the break time, the speakers shared how not one person had shown up to their event, but they kept going as if people were there. They had prayed for God to send one person. I was the one who showed up. They prayed over me a beautiful prayer that God has been continually answering ever since then.

I have been able to attend Authentic Hope which helped me work through some remaining hang-ups that I was having emotionally. The brain science that was woven into the lessons was powerful! Later, I became a volunteer support group leader. I have been able to share my testimony several times with various groups, including with a single mom's group at my church. I love sharing because I get to give glory to God for what He can do when the lies are removed, and we understand our identity in Christ. I have also experienced an Immanuel Prayer session and can recommend the professional counseling that is offered at Door of Hope. It all has taken me deeper with God. Door of Hope has been a safe place that has felt like home to me.

#### The Gift of Rest ~ by Diane Stores



I heard this quote the other day, "Sometimes you need a pause to reset your mind and gain clarity." I am grateful to our board of directors for allowing me to take a three-month sabbatical this summer. It was an amazing time of road trips with my puppy, visiting family, reveling in the beauty of God's creation, and sitting with Him in silence. No words, no agendas, just enjoying His presence.

Diane Stores

Several years back I was in a Bible study group and the leader talked about God resting after creating this wonderful world and everything in it. We know God doesn't get tired! This leader went on to explain that in this passage the word "rest" means a pause to appreciate. God paused to appreciate all He had created. This summer was a beautiful time of long pauses to reflect on all He has done in my life and in the life of Door of Hope.

As we gather with family and friends next week to pause and give thanks for His goodness and His faithfulness, let's take time to revel in His presence and in the gift of rest He modeled for us.

Have a wonderful Thanksgiving!

It is a good and delightful thing to give thanks to the LORD! Psalm 92:1a

#### Winter Support Group Schedule Available! What group will you be joining?



While we gather for a day of Thanksgiving this week, we continue to be thankful for the opportunity to offer a wide variety of support groups to meet our participant's needs.

From discovering **Authentic Hope** (Getting Real for Men) in our first support group, connecting at a deeper level with God through an Immanuel Lifestyle, learning how to be safe, and healthy in

**Boundaries,** and seeing the importance of **Finding Rest** by making lifestyle choices that will help you to grow in your relationship with the Lord, and to move towards a healthier sense of well-being physically, mentally, emotionally, and spiritually.. We have a group for YOU!

Check out our website for groups that we will be offering this winter. Classes start mid-January! Please share with a friend or family member who could use the support, education, and encouragement that our groups bring. Hope to see you in January!

Visit: <u>doorofhopeministries.org</u> and click on the *"ministries"* tab to learn more!

### Thank you for your support during Give to the Max 2023



Through the generous efforts of individual donors, we were able to raise \$6,330 of our \$10,000 total goal during **Give to the Max 2023**. We are so thankful for each of you that gave!



With continued support from you, we are able to help participants deepen their relationship with God and connect with healthy people through support groups, trauma recovery prayer, and professional counseling that brings lasting change and helps our participants see their true God-given identity. We cannot do this work without your prayerful generous giving. THANK YOU!

# **GI₩ING**TUESDAY

As we continue with our Fall Fundraising events, we ask that you once again prayerfully consider supporting Door of Hope through your prayers, gift of time, and generous financial support. Perhaps you weren't able to participate in Give to the Max, but this is another opportunity to make a difference.

For women, men, and children, Door of Hope offers life changing support. We truly believe that no one should walk alone in their healing journey, and we want to be able to come alongside each person that comes through our door.

Here is some of what your support is doing for Door of Hope!

- Helping us reach over 1000 participants with support groups, counseling, prayer ministry, and workshops!
- Training up support group leaders locally and internationally –for groups that are at capacity and growing!
- We are planning to offer several workshops and conferences in 2024. These will be recorded and available on the new streaming service we will be offering on our website in 2024. We have requests for this material from people in the US and around the world. We need your support and prayers as we move forward with these goals!
- An overflowing Men's Support Group that has a waiting list for the next session!

God is doing amazing things in the lives of those He sends our way and we have Him and YOU to thank! YOU are instrumental in giving HOPE to those who come to us as you give through volunteering, finances, and prayer support.

Please consider giving a gift to Door of Hope during this year's Giving Tuesday on November 28. Monetarily, Our goal is to raise \$8,000 on Giving Tuesday, and with your help, we can reach this goal! With your help we can continue the work God has given us.

Give by visiting our website: <u>doorofhopeministries.org</u> and scrolling to our Giving Tuesday logo.

Every gift matters. Every gift gives hope. Thank you!



**Mission:** Through God's power, Door of Hope equips people all over the world to live free from abuse and trauma through safe housing, educational conferences, support groups, trauma recovery counseling and prayer ministry. Door of Hope is a 501(c)(3) nonprofit.



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